

# The Great Christian Race

## Hebrews 12:01–04

### **1 *Its inspiration:***

*A great cloud of witnesses*

### **2 *Its required disciplines***

a. To lay aside every weight  
and the sin that so easily  
entangles us

b. To run with perseverance

### **3 *Its supreme example: Jesus***

a. His participation:  
The author and perfecter

b. His inspiration: The joy

c. His discipline: Endured

d. His reward: Exalted

### **4 *Its controlling factor:***

*Staying one's mind  
on Jesus' endurance*

### **5 *Its great demand:***

*Resisting temptation  
— even to blood*

1 Therefore, since we are surrounded  
by such a great cloud of witnesses,  
let us throw off everything that hinders  
and the sin that so easily entangles.  
And let us run with perseverance  
the race marked out for us,

2 fixing our eyes on Jesus,  
the pioneer and perfecter of faith.  
For the joy set before him he endured the cross,  
scorning its shame, and sat down  
at the right hand of the throne of God.

3 Consider him who endured  
such opposition from sinners,  
so that you will not grow weary  
and lose heart.

4 In your struggle against sin,  
you have not yet resisted  
to the point of shedding your blood.