

**The Believing Wife and Husband are to Walk  
in a Spirit of Submission and Love  
Ephesians 05: 22–33**

**1 *The wife is to walk  
in a spirit of submission***

- a. To submit is God's will
- b. To submit is God's order for the family
  - 1) The husband is the head
  - 2) The husband is the saviour
- c. To submit is a spiritual mystery; comparable to Christ and the church, vv. 23-24

**2 *The husband is to love his wife***

- a. It means to give yourself for her - to sacrifice yourself totally
  - 1) Involves being set apart and cleansed
  - 2) Involves having no stain or wrinkle or any other blemish
  - 3) Involves being holy and blameless
- b. It means to love her as you love your own body
  - 1) To lovingly care for her
  - 2) To become one body,
- c. It means to leave your parents
  - 1) To be united to your wife
  - 2) To become one flesh
- d. It means a mystery - a spiritual love like the love of Christ for the church
- e. The conclusion
  - 1) Husband: Love your wife
  - 2) Wife: Respect your husband

22 Wives,  
submit to your husbands as to the Lord.

23 For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Saviour.

24 Now as the church submits to Christ, so also wives should submit to their husbands in everything.

25 Husbands, love your wives, just as Christ loved the church and gave himself up for her

26 To make her holy, cleansing her by the washing with water through the word,

27 And to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

28 In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

29 After all, no one ever hated his own body, but he feeds and cares for it, just as Christ does the church -

30 For we are members of his body.

31 "For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh."

32 This is a profound mystery - but I am talking about Christ and the church.

33 However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.