

# The Confessions of a Man's Struggling Soul

## Romans 07:14–25

<p><b>1. Confession 1:</b> <i>He knows that the law is spiritual</i></p> <p><b>2. Confession 2:</b> <i>He is unspiritual, carnal, a slave to sin</i></p> <p>a. An unspiritual life is a helpless, unceasing struggle</p> <p>b. An unspiritual life demonstrates that human nature and knowledge are inadequate</p> <p>c. The conclusion: Man has a sinful, depraved, and corrupt nature</p> <p><b>3. Confession 3:</b> <i>He is empty of anything good</i></p> <p>a. He wills and resolves but it is all inadequate — all to no avail</p> <p>b. The conclusion: He has a sinful, depraved, and corrupt nature</p> <p><b>4. Confession 4:</b> <i>He finds two laws or forces within</i></p> <p>a. The law of God works in him</p>	<p>14 We know that the law is spiritual; but I am unspiritual, sold as a slave to sin.</p> <p>15 I do not understand what I do. For what I want to do I do not do, but what I hate I do.</p> <p>16 And if I do what I do not want to do, I agree that the law is good.</p> <p>17 As it is, it is no longer I myself who do it, but it is sin living in me.</p> <p>18 I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.</p> <p>19 For what I do is not the good I want to do; no, the evil I do not want to do — this I keep on doing.</p> <p>20 Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.</p> <p>21 So I find this law at work: When I want to do good, evil is right there with me.</p> <p>22 For in my inner being I delight in God's law;</p>
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b. The law of sin wages war  
against the law of his mind:  
He is a prisoner  
to the law of sin

**5. Confession 5:**

*He is a desperate,  
wretched man  
who needs a Deliverer*

**6. Confession 6:**

*The Deliverer is Jesus Christ*

23 But I see another law  
at work in the members of my body,  
waging war against the law of my mind  
and making me a prisoner of the law of sin  
at work within my members.

24 What a wretched man I am!  
Who will rescue me  
from this body of death?

25 Thanks be to God  
— through Jesus Christ our Lord!  
So then,  
I myself in my mind  
am a slave to God's law,  
but in the sinful nature  
a slave to the law of sin.