

# The Violent Demands of the New Life

## Colossians 03:05–11

<p><b>1. <i>The first demand is violent:</i></b>  <i>Put to death all sins that enslave the body and its members</i></p> <p>a. The sins listed</p> <p>b. The reasons</p> <p>1) Such sins bring down the wrath of God upon man</p> <p>2) Such sins belong to the old life</p> <p><b>2. <i>The second demand is violent:</i></b>  <i>Strip off the sins that enslave the emotions and tongue</i></p> <p>a. The sins listed</p> <p>b. The reasons</p> <p>1) We have put off the old person</p> <p>2) We have put on the new person</p> <p>3) We are all <i>one body</i> in Christ</p>	<p>5 Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry.</p> <p>6 Because of these, the wrath of God is coming.</p> <p>7 You used to walk in these ways, in the life you once lived.</p> <p>8 But now you must rid yourselves of all such things as these: anger, rage, malice, slander and filthy language from your lips.</p> <p>9 Do not lie to each other, since you have taken off your old self with its practices</p> <p>10 And have put on the new self, which is being renewed in knowledge in the image of its Creator.</p> <p>11 Here there is no Greek or Jew, circumcised or uncircumcised, barbarian, Scythian, slave or free, but Christ is all, and is in all.</p>
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**The Clothing of the New Life**  
**Colossians 03:12–14**

**1** *Are the chosen of God,  
holy and dearly loved*

**2** *The garment of compassion*

**3** *The garment of kindness*

**4** *The garment of humility*

**5** *The garment of gentleness*

**6** *The garment of patience*

**7** *The garment of forbearance*

**8** *The garment of forgiveness*

**9** *The garment of love*

12 Therefore,  
as God's chosen people,  
holy and dearly loved,  
clothe yourselves with compassion,  
kindness, humility,  
gentleness and patience.

13 Bear with each other  
and forgive whatever grievances  
you may have against one another.  
Forgive as the Lord forgave you.

14 And over all these virtues put on love,  
which binds them all together  
in perfect unity.