

# The Preparations Necessary to Withstand Trials and Temptation

## James 01:19–27

### 1 *Preparation 1:*

#### *Be quick to hear the Word of God*

- a. By being slow to speak
- b. By being slow to anger:  
An angry man does not do what God says
- c. By putting aside all moral filth
- d. By putting aside all evil
- e. By receiving the Word with humility

### 2 *Preparation 2:*

#### *Be a doer of the Word and not a listener only*

- a. A listener only deceives himself
- b. A listener only forgets what is heard
- c. A doer of the Word is blessed

### 3 *Preparation 3:*

#### *Control the tongue*

### 4 *Preparation 4:*

#### *Practice pure religion — visit the needy and keep yourself from being polluted by the world*

19 My dear brothers,

take note of this:

Everyone should be quick to listen,  
slow to speak and slow to become angry,

20 For man's anger does not bring about the righteous life that God desires.

21 Therefore,

get rid of all moral filth

and the evil that is so prevalent

and humbly accept the word planted in you,  
which can save you.

22 Do not merely listen to the word,  
and so deceive yourselves.  
Do what it says.

23 Anyone who listens to the word  
but does not do what it says  
is like a man who looks at his face in a mirror

24 and, after looking at himself,  
goes away and immediately forgets  
what he looks like.

25 But the man who looks intently  
into the perfect law that gives freedom,  
and continues to do this,  
not forgetting what he has heard,  
but doing it —  
he will be blessed in what he does.

26 If anyone considers himself religious  
and yet does not keep a tight rein on his tongue,  
he deceives himself  
and his religion is worthless.

27 Religion that God our Father accepts  
as pure and faultless is this:  
to look after orphans  
and widows in their distress  
and to keep oneself  
from being polluted by the world.