

**The Steps to Peace (Part I):
Standing Firm, Unity, Rejoicing and Gentleness
Philippians 04: 01–05**

1 Step 1:
Peace comes through standing firm

- a. The source of strength:
Being “in the Lord”
- b. The encouragement:
A “brother” who cares

2 Step 2:
*Peace comes through
agreement and unity*

- a. The plea:
For arguers to agree in the Lord
 - b. The need:
The help of a true friend
- 1) Must help them
because they were co-labourers
 - 2) Must help them
because their names are
in the Book of Life

3 Step 3:
*Peace comes through rejoicing
continually and repeatedly*

4 Step 4:
*Peace comes through
a strong gentleness*

- 1 Therefore,
my brothers,
you whom I love and long for,
my joy and crown,
that is how you should stand firm in the Lord,
dear friends!
- 2 I plead with Euodia
and I plead with Syntyche
to agree with each other in the Lord.
- 3 Yes, and I ask you,
loyal yokefellow,
help these women who have contended at my side
in the cause of the gospel,
along with Clement
and the rest of my fellow workers,
whose names are in the book of life.
- 4 Rejoice in the Lord always.
I will say it again:
Rejoice!
- 5 Let your gentleness be evident to all.
The Lord is near.

The Steps to Peace (Part II): Prayer and Positive Thinking

Philippians 04: 06–09

1 *Peace comes through prayer*

- a. The charge: Do not worry
- b. The remedy: Praying
 - 1) About everything
 - 2) With requests
 - 3) With thanksgiving
- c. The promise: Peace
 - 1) Peace that transcends all understanding
 - 2) Peace that guards our hearts and minds

2 *Peace comes through positive thinking*

- a. The charge:
Think and practice things that are...
 - 1) True and noble
 - 2) Right and pure
 - 3) Lovely and admirable
 - 4) Excellent and praiseworthy
- b. The source or power of positive thinking
 - 1) The Word of God
 - 2) Noble examples
 - 3) Self-effort

6 Do not be anxious about anything,
but in everything,
by prayer and petition,
with thanksgiving,
present your requests to God.

7 And the peace of God,
which transcends all understanding,
will guard your hearts and your minds
in Christ Jesus.

8 Finally, brothers,
whatever is true,
whatever is noble,
whatever is right,
whatever is pure,
whatever is lovely,
whatever is admirable —
if anything is excellent or praiseworthy —
think about such things.

9 Whatever you have learned
or received
or heard from me,
or seen in me —
put it into practice.
And the God of peace will be with you.