## MATHEW 26:26 THE LORD'S SUPPER

While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take and eat; this is my body." *Mathew* 26:26

The words "Take and eat: this is my body" are not cannibalism (see Jn. 6:52-58). The words simply mean that a man is to receive Christ into his life. A man's deliverance from the bondage of sin and death is by *taking or eating* of Christ's body. That is, the man must receive, partake, consume, absorb and assimilate Christ into His life. He must allow Christ to become the very nourishment, the innermost part and energy, the very consumption of his being.  $\Box$ 

## MATHEW 26:27–28 THE LORD'S SUPPER

Then he took the cup, gave thanks and offered it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins." Mathew 26:27–28

The words "Drink from it, all of you" (the blood of Christ) mean to receive the death of Christ in place of one's own death. A man's deliverance from sin and death comes by receiving Christ's death as his own. The man must identify with Christ's death. He must drink, partake, absorb, and assimilate the Lord's death. The death of Christ must become the very nourishment, the innermost part and energy, the very flow of his life. (See 1 Cor. 2:2.)  $\Box$