

# The Bread of Life: The Source of Spiritual Satisfaction

## John 06: 30-36

### 1. *The people demanded proof*

a. Jesus' great claim:  
He is the Son of Man, vv. 27-29

b. The specific proof demanded:  
That He perform a similar miracle  
as the manna given to Israel

### 2. *Christ is the true bread*

- a. Man cannot provide  
bread from heaven
- b. God alone provides the true

### 3. *Christ is the Bread of God*

- a. He came from heaven
- b. He came to give life

### 4. *Christ is the Bread of Life*

- a. The request for the Bread of God
- b. The phenomenal claim:  
He is the Bread of life
  - 1) If man comes to Jesus,  
he will never hunger
  - 2) If man believes,  
he will never thirst

### 5. *Christ was seen but rejected*

30 So they asked him,  
“What miraculous sign then will you give  
that we may see it and believe you?  
What will you do?”

31 Our forefathers ate the manna in the desert;  
as it is written:  
“He gave them bread from heaven to eat.””

32 Jesus said to them, “I tell you the truth,  
it is not Moses who has given you the bread from heaven,  
but it is my Father who gives you  
the true bread from heaven.

33 For the bread of God is he  
who comes down from heaven  
and gives life to the world.”

34 “Sir,” they said,  
“from now on give us this bread.”

35 Then Jesus declared,  
“I am the bread of life.  
He who comes to me will never go hungry,  
and he who believes in me  
will never be thirsty.

36 But as I told you,  
you have seen me  
and still you do not believe.”